



THE BRITISH SCHOOL OF OSTEOPATHY



ACCESS TO HIGHER EDUCATION DIPLOMA (Osteopathic Sciences & Healthcare)

The British School of Osteopathy (BSO) has a diverse student body and many of our most successful students came to us from other careers and without an academic background. Our access to higher education course for osteopathic students is designed to give you the right foundation knowledge to succeed on our undergraduate programmes.

The course lasts for one academic year, beginning in September and ending in June. All students who successfully complete the course are **guaranteed** a place on our full-time or part-time M.Ost course.

Is the Access course for me?

- You are over 18 and can demonstrate an interest in Osteopathy
- You can demonstrate that you have the right qualities to become an osteopath
- You have GCSE qualifications or equivalent
- You are available to study on Friday evenings and Saturdays for one year
- You are able to study independently

Course content

The course is primarily focused on the biological and physical sciences but as osteopathy is a primary healthcare discipline, you will also study the foundations of psychology and sociology.

The BSO is committed to developing your underpinning skills and, in addition to formal teaching, the Access course will help you develop efficient study techniques and improve your communication and critical thinking skills. The course also will give you insight into what it is like to study and practise osteopathy.

HOW TO APPLY

Please visit the British School of Osteopathy's website, www.bso.ac.uk to download an application form. If you have any further questions, our admissions team would be happy to assist you. You can contact them by phone on **+44 (0)20 7089 5316** or by emailing admissions@bso.ac.uk.

Success Stories

"I've always liked to help people so I guess that's what drew me to osteopathy but it wasn't as straightforward as that and it certainly wasn't what I grew up wanting to be, I'd never heard of osteopathy before the age of 20. I saw an osteopath for a mild hip problem aged 20 and thought it seemed like a lovely way to earn a living; after 2 years of revisiting that thought I decided to apply to the BSO's access course and see what happens and the rest as they say is history..."

Right from the first class there was an osteopathic flavour to the course which I can maybe only taste retrospectively having just completed the M.Ost. You don't only get a very good grounding in the sciences, communication and writing skills necessary for the M.Ost but I also felt like I hit the ground running when I started full time, plus had a support network of peers around me from the access course.

The people you meet along the way become friends at a very profound level, you are all doing the same course so have the same assessments, deadlines, stresses and of course celebrations! I've made many friends for life during my 5 years at the BSO.

I would urge anyone considering the access course and M.Ost not to take the decision lightly, you do have to give a lot to the course but equally receive a great deal back in return, I'm astounded by how much I understand about how a body works. I feel like I'm a member of the best profession in the world because I get to help lots of different people by simply helping remove the barriers preventing their bodies own natural ability to heal."

M.Ost Graduate Steven Ojari

(Started the Access Course in September 2006 and completed the M.Ost in 2011)

"With no science background, the access course simply got me into the right mindset to study osteopathy. It also gave me a base (and more with regards to anatomy and relating the structure to function) on which I could layer the rest of the knowledge on. I still went back to some of my notes in the 4th year, when I needed to go back to basics to be able to understand the more complex issues of nerve conduction, muscle action etc."

M.Ost Graduate Beatrix Jung Adams

(Started the Access Course in September 2006 and completed the M.Ost in 2011)



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www.bso.ac.uk

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Student Admissions Department

Our student admissions team can be contacted at: admissions@bso.ac.uk
Tel: +44 (0)20 7089 5316