



THE BRITISH SCHOOL OF OSTEOPATHY



INTRODUCTION TO OSTEOPATHIC SCIENCES (IOS) COURSE

The British School of Osteopathy (BSO) welcomes students with degrees in non-science disciplines to take part in our Introduction to Osteopathic Sciences course. The course was developed to meet the needs of students who had high level qualifications and proven study skills, but who could not demonstrate the level of biological and chemical sciences necessary to undertake our osteopathic degree courses. The IOS course is designed to give you a firm grounding in the sciences and prepares you for the M.Ost programme.

Quick facts:

- The IOS course is recommended for applicants with a non-science degree
- The IOS course lasts approximately 5-6 weeks, with cohorts starting at different points in the spring and summer terms, enabling students to start a full undergraduate qualification in September
- Course materials are made available through the BSO's Online Learning Environment (BONE), allowing study at home
- Lectures only take place at weekends

What will I learn?

The Introduction to Osteopathic Sciences course is an intensive programme, designed to give you the core scientific knowledge to progress to the next level.

WHAT WILL I LEARN?

Over the duration of the course you will gain grounding in areas of science fundamental to understanding osteopathy. Modules include:

- Microbiology;
- Chemical and physical processes;
- Cells and tissues;
- Chemical equilibrium;
- Energy and health;
- Maintenance of the human body

Some of our new students who have appropriate qualifications but who would like to refresh their knowledge also choose to undertake the IOS course – treating it as an excellent way to get a head start on their osteopathic studies.

How will I be assessed?

You will be assessed throughout the course in the form of online unit quizzes and receive feedback on your progression. In addition to these cumulative units, there is a final examination held at the end of the course accounting for 60% of your final score. You must be successful in all of your assessments to pass the IOS course.

How do I apply?

Students apply for the IOS course at the same time as applying for a full undergraduate course. Please visit the British School of Osteopathy's website, www.bso.ac.uk for more information or contact our admissions team who will be happy to assist you. You can contact them by phone on +44 (0)20 7089 5316 or by emailing admissions@bso.ac.uk.

Student Experiences

"The IOS was, for me, a useful refresher of some of the physics, chemistry and biology I studied in the dim and distant past. The length of the classes and mode of delivery was a taster for how the lectures would be run on the actual M.Ost course.

It did not require a radical overhaul of my schedule. It did make me evaluate more closely how I spent my time outside work and to make the necessary adjustments.

I would recommend the IOS course for anyone who wants to be an osteopath. After a time away from formal study, it is a way of getting into the habit of reading academic material, exploring one's learning style, getting an idea of the rigour of the course itself, becoming acquainted with some of the people who one would, hopefully, progress together to the M.Ost. The IOS was a worthwhile experience for me."

Rosemary, First Year M.Ost Student



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Student Admissions Department
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